

CERTIFICATE

OF PARTICIPATION

This is to certify that

Ant Southgate

Has successfully participated & completed the

8km Prison Break Night Run & Walk

held at Leeuwkop Golf Club.

TIME 00:39:29

PACE 04:55/km

OVERALL 11 of 136

GENDER 10 of 76

40 - 49 3 of 16

20 February 2019, Wed

Date



Bout Time